Speaker Vinton Omaleki "The Aging Brain"



Friday July 19th • 2 - 3pm

How does the brain change as we get older? Come find out from San Diego State University brain imaging scientists. Learn about how normal aging affects your thinking and memory, or what factors make your cognition decline. We will go over aging and some disorders or diseases that occur AND some things you can do to keep your brain healthy longer.

> MPH, SDSU Brain Development Imaging Lab

San Carlos Branch Library facebook.com/SanCarlosBranchLibrary 7265 Jackson Dr. • 619-527-3430

