



Fall Prevention & at Home Safety

Paige Colburn Hargis, Scripps Health

Friday, February 16th • 2 - 3:30pm

Falls are the leading cause of injury for seniors. As we age, the risk and frequency of falls increase often leading to hospitalizations and nursing home stays. Scripps injury prevention expert, Paige Colburn Hargis, will provide information about how to keep you safe in your home.

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